

THE ROAD TO PROGRESS

How Far do you want to take your Health?
The Choice is yours

PATHOGENIC

Suffer from Pain



Begin care

Relief Care

Symptoms Gone



RELAPSE

BEGIN SYMPTOM CARE AGAIN

IMPROVEMENT

DECISION

Wellness Care

Functional Care

OPTIMISATION

Prevention of Disease

Days

Weeks

Months

Years

1. Relief Care

This is the point where you choose to seek care. Perhaps because of a recent trauma or back pain that has gotten worse.

During this phase, you will need to receive adjustments more frequently.

Most people will enjoy steady improvement from day 1, while others might actually seem to be getting worse because experiencing the positive results. This has to do with the body's ability to adapt.

2. Corrective Care

At this point you will be feeling better and perhaps the reason you first sought treatment is no longer there.

This phase addresses the cause of the problem which is normally a long-standing problem. Now you need to choose whether to continue care in order to maintain and optimize your health, or abandon the treatment which will inevitably lead you back to where you started.

3. Wellness Care

This is the phase that ensures optimal health. This level of health has to be maintained since we are constantly under stress, be it physical, emotional or chemical.

Regular chiropractic adjustments will help insure you are living at your optimum level of health and function.